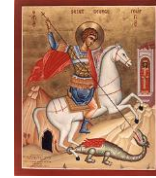


03/22/2020



**Saint George The Great Martyr  
Eastern, Orthodox Church**

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**with a heavy heart, and the deepest regret. I have to announce that all liturgical services are suspended at least till April 5<sup>th</sup> ( Saint Mary Of Egypt ) LORD HAVE MERCY !**

**Third Sunday of Lent. Veneration of the Cross. Hieromartyr Basil of Ancyra.**

**Tone 7 Troparion (Resurrection)**

By Your Cross You destroyed death. To the thief You opened Paradise. For the Myrrhbearers You changed weeping into joy. And You commanded Your disciples, O Christ God, to proclaim that You are risen, // granting the world great mercy.

**Tone 1 Troparion (for the Cross)**

O Lord, save Your people, and bless Your inheritance! Grant victories to the Orthodox Christians over their adversaries; and by virtue of Your Cross, // preserve Your habitation!

*Troparion Saint George You were Bound for Good Deed.....*

*Glory to the Father and to the Son, and to the Holy Spirit*

**Tone 7 Kontakion (for the Cross)**

Now the flaming sword no longer guards the gates of Eden; it has been mysteriously quenched by the wood of the Cross. The sting of death and the victory of hell have been vanquished; for You, O my Savior, have come and cried to those in hell: // "Enter again into Paradise!"

**Kontakion Saint George: God Raised .....Now and ever...Steadfast protectors .....**  
*(In place of the Trisagion, we sing:)*

Before Your Cross, we bow down in worship, O Master, and Your holy Resurrection, we glorify.

**Tone 6 Prokeimenon (for the Cross)**

O Lord, save Your people / and bless Your inheritance! (Ps 27/28:9)

*v: To You, O Lord, will I call. O my God, be not silent to me! (Ps 27/28:1)*

**Epistle** Hebrews 4:14-5:6

**Tone 8<sup>1</sup>** Alleluia, Alleluia, Alleluia!

*v: Remember Your congregation, which You have purchased of old! (Ps 73/74:2) v: God is our King before the ages; He has worked salvation in the midst of the earth! (Ps 73/74:12)*

**Gospel**

Mark 8:34-9:1

*(Instead of "It is truly meet...", we sing the following) Hymn to the Theotokos*

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men.

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O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages. He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. // Glory to you!

**Communion Hymn!** The light of Your countenance has shone on us, O Lord. (Ps 4:6/7) Alleluia, Alleluia, Alleluia

## Quotes from the Saints

Until a man's earthly life finishes its course, up to the very departure of the soul from the body, the struggle between sin and righteousness continues within him. However, high a spiritual and moral state one might achieve, a gradual or even headlong and deep fall into the abyss of sin is always possible. Therefore, communion of the holy Body and Blood of Christ, which strengthens our contact with Him and refreshes us with the living streams of the grace of the Holy Spirit flowing through the Body of the Church, is necessary for everyone. + **St. John the Wonderworker of Shanghai and San Francisco**

O Lord Almighty, healer of our souls and bodies, Who putteth down and raiseth up, Who chastiseth and health also; now, in Thy great mercy, visit our brothers and sisters who are sick. Stretch forth Thy hand that is full of healing and health, and raise them up, and cure them of their illness. Put away from them the spirit of disease and of every malady, pain and fever to which they are bound. And if they have sins and transgressions, grant to them remission and forgiveness, for Thou lovest humankind. Yea, O Lord my God, have pity on Thy creation, through the compassions of Thine only-begotten Son, together with Thine all-holy, good, and life-creating Spirit, with whom Thou art blessed, both now and ever, and to ages of ages.

**prayers for the livings: Abbot Tryphon, Sam and his Family ,Fred, Anne, Peter, Juan, Juan, Ruth, Debrutu, Elena, Denise, Michaela, the child of God Sophia and her parents and family, Elizabeth Daniel and their Newly Born Daphne, Gregory and Mary, Anastasia, Joseph, Isidoros, Vaso, Angela, Nick, Nick, Sonya and Dragosh, Timothy, Eric & Betsy and their Children ,Zayden, Manny.**

**Prayers for the Departed:** the servant of God, Fr. John, Betty, Alice, Mt Elizabeth, Efsevia, And all the orthodox that lies here and there sleep in the Lord.

## REMINDER

**Oh Lord and Master of My Life. Take away from me the spirit of sloth, despair and lust of power and idle talk. But rather grant unto me, the spirit of chastity, faith, Humility and love to thy servant. Yeah oh lord and king! Grant to me that I see my own transgression, and not to judge my brother. For Blessed art thou unto ages of ages, Amen.** (May the prayer of Saint Ephraim the Syrian, be in your mind and heart everyday throughout our Lenten journey)

Dear Brothers and sisters in Christ, Saint Paul tells us to pray ceaselessly. I hope you don't misunderstand me, but I think this crazy time should be looked at to some degree as an opportunity to even try to get closer to God. Yes everyone is being tested. Our church has endured much more than that. Now we need to pray for all of us and for the world around us even harder. If any of you is sick please let me know. Please stay safe harmless as a dove, but wiser than a serpent! We can't do much of the normal things we did a week ago! But we can still pray. No time to meet our friends for a bite to eat or a movie. But we can talk to God in our prayer corner, and ask for the Saints intercession through the prayers of the Most Holy Theotokos and ever Virgin Mary. **Lord Have Mercy!**

When I receive words from our Bishop and instruction for services, I will pass on to you promptly.

03/22/2020

